

# Things to Bring and What NOT to Bring:

## CLOTHES AND GEAR:

- Sleeping bag and pillow
- Flashlight and extra batteries
- Writing materials and postage
- Materials for taking notes
- Water Bottles!
- Trunk, suitcase or duffel bag for clean clothes
- Laundry bag or large plastic bag for dirty clothes. *There is no laundry at camp.*
- Be sure to bring sufficient clothes for two weeks, including:
  - Plenty of underwear and socks
  - A warm sweater or jacket
  - One or two swim suits (moderate one piece swim suits only for female campers! No 2 piece swim suits allowed!)
  - Rain gear (a large poncho)
  - Three pairs of foot gear, including a pair of hiking boots.

*Please remember to label your camper's belongings as much as possible!*

## TOILET ARTICLES:

- Three (3) bath towels and face cloths
- Deodorant
- Soap
- Toothbrush and toothpaste
- Shaving articles
- Brush and/or comb
- Shampoo/conditioner
- Sunscreen

*Pack separately to turn in at check-in*

- Spending money
- Medications (prescription and/or non-prescription)

## OPTIONAL:

- \*Spending money
- Baseball glove
- Fishing tackle (do not bring expensive equipment. If you are over 15, you will need a fishing license)
- Camera and film
- Backpack, for the camping program hike

## DO NOT BRING:

- Food or snacks as they attract wildlife
- Cell Phones
- Firearms
- Knives (other than those maintained in a tackle box)
- Tobacco or alcohol
- Any drugs (All medications are given to the nurse to store)
- Matches or lighters
- Any item of value that could be borrowed or stolen-the camp does not offer secure storage facilities

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\*Campers do not need to buy anything. However, there is a canteen which has t-shirts, sweatshirts, hats, flashlights, batteries, stamps, envelopes, fishing tackle, film, juice and candy bars. Spending money is logged in at registration and any money remaining at the end of camp, will be returned. Most campers are comfortable with \$30 - \$60.